



ONE EAST

URBAN BAR + KITCHEN



INVIGORATE

- MARKET FRESH FRUITS & BERRIES**..... \$11
a bountiful selection of the seasons best with local cooper's honey flavored yogurt
- OVERNIGHT OATS** \$9
greek yogurt, almond milk, shredded carrots, green apple and oats with raisins and walnuts
- STEEL-CUT CINNAMON SCENTED OATMEAL** \$9
peach compote, walnuts, local cooper's honey drizzle
- WHOLE GRAIN CEREAL OR CRUNCHY ALL NATURAL GRANOLA** \$11
seasonal berries or sliced bananas and choice of milk
- BLUEBERRY SOURDOUGH TOAST**..... \$9
cottage cheese, honeycomb, flax seeds

REJUVENATE

served with bottomless Starbucks coffee or Tazo teas

- TRADITIONAL EGGS BENEDICT***\$14
country ham, english muffin, choron, hash browns
substitute smoked salmon for \$4
- SPANISH OMELET** \$16
three egg omelet, sweet potato, spanish onion, red pepper, garlic, turkey bacon, simple greens, greek yogurt

FROM THE GRIDDLE

add real Grade A Vermont Maple Syrup for \$4

- BUTTERMILK PANCAKES** \$11
whipped butter, breakfast syrup
- BANANA PANCAKES**.....\$12
chantilly cream, breakfast syrup
- CINNAMON FRENCH TOAST**\$14
fresh berries, mascarpone cheese, breakfast syrup
- BELGIAN WAFFLE**\$13
fresh berries, whipped cream, breakfast syrup

THE JUICERY



JUICES

celery, cucumber, lime, coconut water, \$7

carrot, turmeric, ginger, honey, \$7

SMOOTHIES

kale, spinach, banana, mango, cinnamon smoothie, \$7

raspberry, strawberry, mint, rose water, dates, almond milk smoothie, \$7

BREAKFAST TABLES

- CHEF'S BREAKFAST TABLE**..... \$18
seasonal fruits and berries, yogurt, steel cut oatmeal, whole grain cereals, all natural granola, eggs, smoked bacon, sausage, breakfast potatoes, breakfast casserole, french toast, fresh bakery selections, smoked salmon, bagels with cream cheese, smoothies, and chef's omelet station, selection of breakfast juices, freshly brewed Starbucks coffee, and assorted Tazo teas
- CONTINENTAL TABLE**\$14
seasonal fruits and berries, yogurt, steel cut oatmeal, whole grain cereals, all natural granola, smoked salmon, bagels with cream cheese, fresh bakery selection, and selection of breakfast juices, freshly brewed Starbucks coffee

INDULGE

served with bottomless Starbucks coffee or Tazo teas

- CONTINENTAL BREAKFAST**\$12
two breakfast pastries, butter, preserves, yogurt parfait with mixed berries
- THREE EGG OMELET**\$15
choose three items from the following: spinach, peppers, red onions, scallions, mushrooms, country ham, pork sausage, turkey sausage, swiss cheese, cheddar cheese and jack cheese.
served with hash browns and toast
add smoked salmon, \$5
- AMERICAN BREAKFAST**\$14
two eggs, with your choice of, bacon, pork sausage, turkey sausage, or ham steak with breakfast hash browns, toast

A LA CARTE CHOICES

- BREAD**\$4
white
whole wheat
marble rye
sour dough
english muffin
- FRESH PASTRY**\$4
assorted danish
maple nut danish
bran muffin
blueberry muffin
- TOAST**\$4
with butter & preserves
- CHOCOLATE PEANUT BUTTER BAR**.....\$9
- HASH BROWNS**.....\$4
- YOGURT BOWL**.....\$7
greek yogurt, powder
peanut butter, hemp seeds, cocoa nibs, bananas
- GRILLED HAM**\$5
- SAUSAGE LINKS**\$5
- SMOKED BACON**.....\$5
- BAGEL & CREAM CHEESE** \$5

BEVERAGES

- COFFEE**\$3
regular & decaf
- TAZO TEA**\$3
assorted regular & decaf
- ESPRESSO**.....\$4
- CAPPUCCINO**\$4
- LATTE**\$4
- MOCHA**\$4
- JUICE** \$3
orange, grapefruit, cranberry, apple
- V8**.....\$4
- TOMATO JUICE**\$4
- MILK**.....\$4
whole, 2%, skim
- SOY MILK** \$5
- ALMOND MILK** \$5
- SODA** \$3
pepsi, diet pepsi, sierra mist, mountain dew, dr. pepper

*according to the kansas city health department; 1 – food can be cooked to order 2 – consumer advisory; consuming raw or undercooked meats | poultry | seafood | shellfish or eggs may increase your risk of foodborne illness. if you have any concerns regarding food allergies | please alert your server prior to ordering.